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STIR-FRIED SNOW PEA LEAVES WITH GARLIC

Yield: 4 min Total Time: 20 min

Recipe from: https://www.recipeschoose.com/recipes/snow-pea-leaf-chinese-recipe

Ingredients:

- 1 pound pea leaves snow
- 3 tablespoons vegetable oil
- 5 cloves garlic finely chopped fresh, depending on how much you like
- 1/2 teaspoon salt or to taste
- 1/4 teaspoon white pepper
- 1 teaspoon sesame oil

Nutrition:

Calories: 110 calories
Carbohydrate: 1 grams

3. Fat: 11 grams

4. SaturatedFat: 1 grams5. Sodium: 300 milligrams

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