

Mexican Bean Pizza

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/mexican-bean-pizza-recipe>

Ingredients:

- 2 tablespoons olive oil divided
- 6 flour tortillas 6-inch
- 1 1/2 cups shredded cheddar cheese /monterrey jack mix, divided
- 1/2 onion chopped
- 15 ounces black beans Bush's, drained
- 2 ounces diced green chilies canned
- salsa optional
- sour cream optional
- guacamole optional

Nutrition:

1. Calories: 570 calories
2. Carbohydrate: 57 grams
3. Cholesterol: 50 milligrams
4. Fat: 28 grams
5. Fiber: 10 grams
6. Protein: 23 grams
7. SaturatedFat: 12 grams
8. Sodium: 1280 milligrams
9. Sugar: 3 grams

Thank you for visiting our website. Hope you enjoy Mexican Bean Pizza above. You can see more 16 mexican bean pizza recipe Deliciousness awaits you! to get more great cooking ideas.