

Toasted Ham and Jarlsberg Sandwich

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/poppy-seed-ham-swiss-sandwich-recipe>

Ingredients:

- 1/4 cup unsalted butter at room temperature
- 3 tablespoons Dijon mustard
- 1 tablespoon sauce Worcesterchire
- 1 1/2 tablespoons poppy seeds
- 1 onion small grated
- 6 rolls
- 1 pound ham thinly sliced
- 1/2 pound Jarlsberg cheese

Nutrition:

1. Calories: 710 calories
2. Carbohydrate: 42 grams
3. Cholesterol: 145 milligrams
4. Fat: 44 grams
5. Fiber: 8 grams
6. Protein: 42 grams
7. SaturatedFat: 22 grams
8. Sodium: 1880 milligrams
9. Sugar: 7 grams

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