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## Greek Goddess Dip

Yield: 2 min Total Time: 5 min

Recipe from: https://www.recipeschoose.com/recipes/greek-goddess-dip-recipe

## **Ingredients:**

- 1/2 cup fresh dill packed
- 1/2 cup fresh mint packed
- 1/2 cup fresh parsley packed
- 1/3 cup fresh basil packed
- 2 garlic cloves chopped
- 1 1/2 tablespoons lemon juice freshly squeezed
- 1/4 teaspoon salt
- 1/2 cup extra virgin olive oil
- 1/2 cup crumbled feta cheese
- 1/2 cup 2% plain Greek yogurt
- 1/4 cup low fat mayonnaise

## **Nutrition:**

Calories: 690 calories
Carbohydrate: 8 grams
Cholesterol: 45 milligrams

4. Fat: 72 grams5. Fiber: 1 grams6. Protein: 7 grams

7. SaturatedFat: 15 grams8. Sodium: 930 milligrams

9. Sugar: 3 grams

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