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Sticky Rice with Chinese Sausage

Yield: 9 min Total Time: 180 min

Recipe from: <u>https://www.recipeschoose.com/recipes/sweet-rice-chinese-sausage-recipe</u>

Ingredients:

- 1 cup sweet rice Chinese or Japanese short-grain sticky, "
- 1 cup dried black mushrooms Chinese, * or dried shiitake mushrooms, 1 1/2 oz
- 5 chinese sausages *, 6 to 8 oz total
- 1 tablespoon peanut oil
- 1 tablespoon peeled fresh ginger minced
- 1/2 cup scallion thinly sliced, white and pale green parts only; from 1 bunch
- 1 1/2 cups chestnuts bottled peeled cooked whole, from a 14- to 15-oz jar, drained and coarsely chopped
- 1/3 cup chinese rice wine or medium-dry Sherry
- 3 tablespoons soy sauce
- 2 tablespoons oyster sauce
- 2 teaspoons sesame oil Asian
- 1 teaspoon salt
- 1/2 teaspoon white pepper
- 2 cups reduced sodium chicken broth
- scallion greens Garnish: thinly sliced, optional

Nutrition:

- 1. Calories: 310 calories
- 2. Carbohydrate: 37 grams
- 3. Cholesterol: 10 milligrams
- 4. Fat: 13 grams
- 5. Fiber: 3 grams
- 6. Protein: 8 grams
- 7. Sodium: 1190 milligrams

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