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Sticky Chinese Pork Belly

Yield: 4 min Total Time: 65 min

Recipe from: https://www.recipeschoose.com/recipes/simple-chinese-ginger-chicken-recipe

Ingredients:

- 2 1/4 pounds pork belly rindless, slices chopped in half, each piece being approx. the length of your index finger
- 4 1/4 cups chicken /veg stock
- 1 ginger thumb sized piece of, peeled and finely chopped
- 3 cloves garlic peeled and chopped in half
- 1 tablespoon rice wine
- 1 tablespoon caster sugar
- 2 tablespoons vegetable oil
- 1 pinch salt and pepper
- 1 ginger thumb-sized piece of, peeled and minced
- 1 red chilli finely chopped
- 2 tablespoons honey
- 2 tablespoons brown sugar
- 3 tablespoons dark soy sauce
- 1 teaspoon lemon grass paste

Nutrition:

Calories: 1730 calories
Carbohydrate: 26 grams
Cholesterol: 335 milligrams

4. Fat: 147 grams5. Fiber: 1 grams6. Protein: 72 grams7. SaturatedFat: 50 grams8. Sodium: 1010 milligrams

9. Sugar: 16 grams

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